



# The View

Sharing the ministries of  
Pleasant View Evangelical Lutheran Church

Volume 2, No. 1 ♦ Jan/Feb 2010

*Called by God's love... Inviting, nurturing, growing, serving.*

## Activities at a glance

### Worship:

Each Sunday  
-Sunday School 10:00 AM  
-Worship 11:00 AM  
Ash Wednesday  
-Feb. 17 7:00 PM  
Lenten Devotions Feb. 24  
- Soup & Sandwiches  
6:00 PM  
-Devotions 6:30 PM

### Church Council:

Jan. 14 6:00-8:00 PM  
Feb. 11 6:00-8:00 PM

### Choir Practice:

Jan. 6 7:00 PM  
Jan. 13 7:00 PM  
Jan. 20 7:00 PM  
Jan. 27 7:00 PM  
Feb. 3 7:00 PM  
Feb. 10 7:00 PM  
Feb. 24 7:15 PM

### Staff Meetings:

Jan. 20 6:00 PM  
Feb. 10 6:00 PM

### Worship & Music:

Jan. 3 9:00 AM  
Feb. 7 9:00 AM

### Special Meetings:

Jan 10 Young Adult info  
Jan 17 Youth Ministry  
Feb 12 Valentines Dinner

## From the Pastor

### A Note from the Interim Pastor

You have been gracious to accept Joe and I as your pastoral family. We truly feel welcomed and are enjoying our stay among you. You have welcomed me into your homes and at this writing I have visited in some fifty-five. I have tried to listen to your concerns and hopes, and we have had good conversations together. It seems to me that we are developing a good spirit at Pleasant View and are moving forward in proclaiming and sharing in the Good News of Jesus Christ.

I have been encouraged by our attendance. The Advent Services were well attended even on a cold, rainy night. I am not sure just how many came to share in the devotions, but I suspect it was pushing fifty. I would hope that we can continue to grow in our support of the worship services.

I recommended to the council and it approved the formation of a Pastor's Relations Committee. The purpose of such a committee is to meet with the pastor on a regular basis to discuss openly and honestly concerns, opportunities and challenges that may arise. The personnel of this committee will be named shortly.

We have a good council to lead us in this coming year with Jim Sheets as president, Doug Painter, Jr., vice president and Rebecca Coffin as secretary. The financial records will be kept in good order again with Karen Fauber as treasurer. Let us all get behind these people and support them with our prayers and enthusiasm.

May God bless each of us in our respective ministries in the coming year.

Peace and joy,  
Pastor Price

## **Proposed New Group**

One of the needs that seem to be surfacing in the pastor's visitation is some kind of special activity of what may be called a young or middle aged adult group. Some ideas that have been raised are a special Sunday School Class, some sort of social activities or even a friendly softball game. There is no limit on what direction such a grouping could take.

With the council's approval the pastor is inviting all of those who may be interested in forming or participating in such a group to meet with him after church for a few minutes on January 10<sup>th</sup>. At this meeting we hope to sense the interest and perhaps select a few people who will be the planning core for what activities may ensue.

No particular age has been established nor is the idea limited only to couples. If you have any interest, mark your calendars now and plan to attend.

## **Lent Begins with Ash Wednesday on February 17<sup>th</sup>**

Lent is a season of preparation for the most important event in all human history – the Easter Resurrection. Since it is also a season of repentance and contrition as we look forward the Resurrection, special time is aside for worship and a more somber note is seen in the worship.

The Hymn of Praise is omitted from the worship, and this year at Pleasant View the Communion Rails will be brought back in the church and those who are able will be invited to kneel as you receive both the bread and cup.

The special Ash Wednesday service will begin at 7:00 on Feb. 17<sup>th</sup>. At this service special emphasis will be put on forgiveness, receiving God's forgiveness and opening our hearts to truly forgive those who have sinned against us. Holy Communion will be observed at the altar rail.

Each Wednesday thereafter you will be invited to gather in the social hall at 6:00 for soup and sandwiches, followed by a devotional service in the nave at 6:30.

The theme of our Lenten Worship will be the Lutheran Catechism. Here is the schedule:

- Feb. 17: The Source of our Faith: The Bible
- Feb. 24: The Morality of our Faith: The Ten Commandments
- March 3: The Prayer of our Faith: The Lord's Prayer
- March 10: The Creed of our Faith: The Apostles' Creed
- March 17: The Gifts of our Faith: Word and Sacrament
- March 24: Sacrament of Entrance of our Faith: Baptism
- March 31: Sacrament of Forgiveness of our Faith: Holy Communion

Lent is also a time of dedication and rededication. Mark your calendars and be a part of the family of Pleasant View as we prepare for Easter.

## **From The Church Council**

### **Pleasant View Evangelical Lutheran Church Congregational Meeting November 15, 2009**

An eventful congregational meeting took place on November 15<sup>th</sup>. The new council was voted in. Your new representatives are Rebecca Coffin, Shirley Crawford, Stephen Dickerson, Gary Flavin, Cheryl McKay, Douglas Painter, Jr., Jim Sheets, Goldie Shiflett, Burke Simmons, Robyn Simmons, and Michael Vayvada. Installation of the new council will occur on December 20 (editor. Postponed to December 27 due to snow). The 2010 Budget was also approved.

Forrester Wright gave a summary of the parking lot paving estimates, and explained what would be done. The congregation voted to repave the parking lot. This project has since been completed and looks great!

### **New Council President**

Dear Pleasant View members,

Because Pleasant View's congregation has been such a positive influence in my life during the years I have worshipped here, I am both grateful and humbled for the privilege to serve as council president this year. I have witnessed members reflect God's unconditional love through their words and deeds. I have shared the pain, confusion, and uncertainties during the past year, and I now stand with you at the beginning of a new year encouraged that God is blessing us with a sense of healing and renewal under Pastor Price's leadership. I am also excited about the possibilities for new ministry within our congregation and community. May God grant each of us the wisdom to learn from the events of the past year and the determination to cooperate with one another to assure that God's will is done in the worship, ministry, and work at Pleasant View.

As the council begins the tasks before us, we request your prayers, welcome your comments and suggestions, and encourage each of you to join us in maintaining the life, ministry, and harmony of our congregation.

Peace,  
Jim Sheets

### **Judy Shuey Appointed Youth Director**

The council elected Judy Shuey as Youth Director of Pleasant View. She was officially installed on December 20 (editor, Changed to December 27 due to weather). She will be opened to your ideas and certainly your support. Judy stepped forth at the urging (kicking) of the Holy Spirit and volunteered for the job. She has had previous experience at Christ Church where she did an outstanding job. Please see her article else where in the newsletter about her hopes and aspiration for this group.

## **A Message from Your Youth Director, Judy Shuey**

January has always been a time for new beginnings. We go on new healthy eating plans, we start to exercise, we get organized, and we begin all sorts of new projects. Probably each of us has at least planned a new budget or thought we would begin something we have been putting aside. It's a fresh start.

The church is like that too. While the liturgical church year begins with Advent, like the rest of the world we actually get a fresh start in January, with a new council, a new budget, and new committees. This January is a special beginning for Pleasant View, as we are making a new beginning in youth ministry. I am excited to start this work, and I am asking for your help.

Just like all the other new things we start, we are more likely to be successful if we have others starting with us. Just as an exercise buddy will keep us on track, youth ministry will be more successful here if we all work together. There are several ways all of you can help with this new beginning.

First, pray for me and for all the young people of Pleasant View. Ask God's blessings on what we try to do.

Second, volunteer when asked, or even before you are asked. We will need people who can do all sorts of jobs, like driving us places, hosting events, and providing food. You don't need to be a parent of a young person to volunteer.

Third, invite other young people to come to our events. You may have a neighbor or know another young person who wants to join us in ministry at Pleasant View. Tell them what we are doing, offer transportation, or let me know so I can invite them.

Finally, be patient. A youth program isn't built quickly. It takes time for young people to learn to trust adults and to want to be part of anything. Give us time as we grow together in faith and ministry.

It's time to start. This is going to be a lot more fun than walking on a treadmill or budgeting, and I have an idea that this will be one start we'll be glad we made.

### **< Special Meeting >**

Announcing: An organizational meeting of all young people, grade 5 and up, AND THEIR PARENTS.

Sunday, January 17, 10:00 a.m. in Pastor's Study

We'll discuss our goals, aims, and plan some special events for this winter and spring.

Questions????? Call Judy Shuey at 885-1142

## Pleasant View Serves the Hungry in many ways

### **Change for Change and Trinity Noon Lunch**

I asked members of Pleasant View if they would help me start a team to serve meals at the Trinity Noon Luncheon Program for 2009. There was a great response. The program has been supported by the entire congregation with Change Sunday \$875.90 and Pleasant Memories donation \$150.00. So far the cost of the meals \$586.59 with some food donated.

During the year, forty four volunteers worked four hundred hours preparing and serving three hundred eighty seven meals. These good home cooked meals were appreciated by our guests with many thanks and smiles.

I am grateful to everyone for your continued support of this program. It has been a blessing to all. In the upcoming year hopefully, we can continue in this outreach to the community with more meals.

Thank You,  
Goldie Shiflett

### **Verona Community Food Pantry**

Report for November 2009 submitted by Hunter Fauber, Executive Director

Days/Hours open to clients:

16 days, Monday-Thursday 9:00 AM to 1:00 PM

Number of clients:	Total	Food Stamps	WIC
Elderly	462	122	3
Children Under 18	3,036	1,185	192
Adults	4,288	1,393	166
All Individuals Served	7,786	2,700	361
Total households Served	2,763	950	92

Total Volunteers	125
Total Volunteer hours	2,005
USDA Food – Pounds Received	26,309
Donated Food – Pounds Received	243,845
Cost of Donated Foods	\$5,234.13
Donated Bread Loaves Received	15,770
Martin's Food Stores – Pounds Received	2,790
Verona Food Lion #384 – Pounds Misc. Food	2,854
W. Beverley Food Lion #132 – Pounds Misc. Food	1,042
Greenville Ave. Food Lion #497 – Pounds Misc. Food	407
Red Lobster – Pounds Misc. Food	183
Little Caesar, Waynesboro – Pounds Misc. Food	244
Whole Foods, Charlottesville – Pounds Misc. Food	1,618
Wal-Mart, Staunton – Pounds Misc. Food	4,010
Hunters for Hunger	1,139
Sheetz – Pounds Misc. Food	161
Churches, Civic Clubs, Individuals, Etc.	5,825

## *Healthy Body and Soul Page*

3 John 2 “Dear Friend, I pray that you may enjoy good health and that all may go well with you even as your soul is getting along well.”

### ***Dear Brothers and sisters in Christ:***

This is the first of many pages you will find in our newsletter at Pleasant View Evangelical Lutheran Church. From my desk, I will try to inform you of important health issues facing our nation and answer any questions you may have about living a healthy lifestyle - physically, mentally, and spiritually. I hope to give you tips and advice about good health practices and encourage you to ask questions that could be answered through this page so that others may benefit also. All questions will be held in confidence. You can send me questions by mail or email ([bac9e@virginia.edu](mailto:bac9e@virginia.edu)). Betty Cox, Parish Nurse, December 27, 2009.

***National News***.....The major health care issue facing all Americans is Health Care Reform. At the end of December 2009, Congress passed health care legislation in both houses. When Congress reconvenes in January, the two houses will hopefully work together to come up with a final bill and be voted on again, then sent to the President for his approval. This is probably the most important legislation to be passed in our lifetime It needs your prayerful attention. It looks like the greatest impact will be on seniors who may see their benefits cut and their premiums rise. Write to your local representative and state senators and express your opinion and concerns. If you wish to phone them, ask for the health care staff person. Don't be surprised if their voicemails are too full to reach them. It is better to write, and even better to write by free hand.

***Winter blahs, colds, and flu season***.....The time is here to brace yourself for the possibility of experiencing two weeks of feeling “stopped up” or “dragged down,” or as some say, “just miserable.” Look for ways to build your immunity by getting the proper rest: 7-8 hours a night, eating properly using 5 servings of fruits or vegetables a day, getting fresh air at least once a day. Wear layered clothing, a hat and scarf on cold days, and avoid large crowds whenever possible. Be sure to wash your hands often, carrying a hand sanitizer in your purse or car. Wipe off door handles and phones with an antiseptic cleaner. Learn to sneeze into your elbow (children are learning this in school too). If you have fever or are vomiting or having diarrhea, you probably need to call your doctor or health care provider, especially if 48-72 hours have passed and you have not improved. Take the seasonal flu shot if you are not allergic to its components and consider the H1N1 flu vaccine, especially if you are between the ages of early childhood and 45, and do consult your obstetrician if you are pregnant and follow his/her advice for the vaccine.

***Mental Stress***.....Who doesn't experience it? Not all stress can be prevented, and actually, some stress is good for you. Try relaxing. Pray or meditate daily. Play soothing music. Reminisce. If you wish, light a candle. It will remind you of the light of Jesus Christ. Then read the following scriptures aloud:

***Psalm 23: for God's healing presence***

***Proverbs 17:22: A cheerful heart is good medicine***

.....and don't forget: God wants us to laugh, and laugh a lot!

## Pleasant Memories

47 attended the Oct 28 meeting of Pleasant Memories at Mrs. Rowe's Country Buffet. A memorial devotional was held in memory of Basil Bosserman who died recently. Basil, a member of Christ Lutheran, along with his wife Lorraine, was a regular participant of the group.

A very entertaining and informative program on China was presented by Mike Lilly. Mike, a teacher at Stewart Middle School, recently travelled to China to run in a marathon on the Great Wall. He emphasized the importance of keeping physically fit and his sense of humor added greatly to his presentation.

Pastor Kenneth and Jo Price were welcomed to the group. Blanche Quick was recognized for celebrating her 96<sup>th</sup> birthday.

Pastor Price closed the meeting with prayer. Due to the Thanksgiving Holidays there will be no meeting in November.

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36 were present for the Dec 9 meeting of Pleasant Memories. Jo Price led an interesting devotional using the Advent theme as we prepare for the coming of the Christ.

Eight students from Fort Defiance High School, under the direction of Miss Lisa Mast, entertained the group with Christmas songs which were enjoyed by all. The students and director were guests for lunch and the students were enthusiastic in their enjoyment of the meal, especially desserts.

It was announced that the music and drama students will present "The Sound of Music" in early Spring at Fort Defiance.

The next meeting of Pleasant Memories will be held on January 27 at noon at Mrs. Rowe's Country Buffett, Mt. Crawford. Come and bring a friend for good food, great fellowship and a program of music by Rebecca Coffin and Lois Sensabaugh.

Kenneth Landes, 248-1473

## Personals

Anyone is welcome to contribute to the "Personals." We like to know the good things that happen to our members and friends as well as the need to keep them in our prayers.

**Jean Cox** had a rather long stay in the hospital, but is at home and now doing well.

**Kori Simmons** was welcome to her first communion on November 29. She completed her instruction with Pastor Price as teacher. Her immediate family joined her as the first to communion that Sunday.

**Margaret Cox** continues to recovery from a fall that she had. She underwent surgery the Wednesday before Christmas and is doing fine at this writing.

Our prayers and Christian sympathy is extended to **Thelma Quick** at the death of her sister in New Jersey.

Also in our prayers and concern is the **family of Eddy Michael** at the death of his father.

**Becci Page** is okay after some minor surgery.

**Donald Cambell** underwent some heart surgery early in December and is doing great.

**Deborah Hastert's** father has been seriously ill, and we pray that he is better at this writing.

**Dorothy Craun** was taken to the hospital after falling in her home. She is now at Envoy.

Our prayers are with the family of **Vria Leach** at the death of her mother.

We rejoice with **Homer and Ellen Moyers**, who celebrated their sixtieth wedding anniversary with a reception at the church.

**Lola Scott**, sister of **Jean Powell**, is gravely ill and is in our prayers at this time.

**Pleasant View Evangelical  
Lutheran Church  
2733 Spring Hill Road  
Staunton, VA 24401**

**Pastor Kenneth A. Price**

Home: 885-3749

Cell 290-3109

Email: [priceken@verizon.net](mailto:priceken@verizon.net)

**Youth Director**

Judy Shuey, 885-1142

[jlewisshuey@hotmail.com](mailto:jlewisshuey@hotmail.com)

**Church Council:**

**President**

Jim Sheets: 448-4438

**Vice-President**

Doug Painter Jr.: 337-1249

**Secretary**

Rebecca Coffin: 885-0036

**Property**

Doug Painter Jr.: 337-1249

**Treasurer**

Karen Fauber: 248-0103

**Finance/Stewardship**

Burke Simmons: 886-3086

**Education**

Robyn Simmons: 886-7064

Shirley Crawford: 248-2066

**Youth & Recreation**

Cheryl McKay: 885-0919

Gary Flavin: 885-8479

**Evangelism**

Michael Vayvada: 280-7952

Stephen Dickerson: 885-4102

Gary Flavin: 885-8479

**Hospitality & Social Ministry**

Goldie Shiflett: 248-6551

Stephen Dickerson: 885-4102

**Worship & Music**

Michael Vayvada: 280-7952

## **Pleasant View Short Reports**

A Valentines dinner is being planned for Friday, February 12th, at 6:00 P.M. at Rowe's Family Restaurant in Mount Crawford. The meal will cost \$17.21 and includes taxes and gratuity. It is seafood night. If anyone was crab legs, the cost is higher. More information and a sign-up sheet will follow.

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A Committee sign-up sheet for Lenten Soup and Sandwich suppers will be in the Sunday School hallway. Lenten devotions begin February 24<sup>th</sup>.

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Pleasant View Women of the ELCA will hold a New Years soup and salad lunch on Tuesday, January 5th at 12:00 Noon. All women are invited to attend.

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During January, all clients of Verona Community Food Pantry are required to reregister with the pantry. Additional help is needed to help people complete this process. If you are available on Monday, Wednesday and/or Thursday, between the hours of 8:30 AM and 1:00 PM please volunteer to help. The Pantry is located in the Social Services building at Augusta Government Center in Verona. Ask for Hunter Fauber when you arrive.

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A Longaberger Basket Bingo evening will be held on March 13 at the Verona Fire Hall to benefit Verona Community Food Pantry. This will be a fun evening of bingo, 50/50 Raffle, food, and friends. Reserve this date and watch for more information.

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